

What is claimed is:

1. A stackable shock-absorbent spacer, comprising an impact absorbing body and adhesive material on at least one side of said impact absorbing body.
- 5 2. The stackable shock-absorbent spacer of claim 1, comprising further adhesive material on an opposite side of said impact absorbing body.
3. The stackable shock-absorbent spacer of claim 2, wherein said
10 adhesive material comprises one of either a hook or loop fastener and said further adhesive material comprises the other of said hook or loop fastener.
4. The stackable shock-absorbent spacer of claim 1, wherein said impact absorbing body is a light-weight foam cushion.
- 15 5. The stackable shock-absorbent spacer of claim 4, wherein said cushion is of generally parallelepiped shape.
6. A carrying case with adaptable internal dimensions for accommodating
20 contents of different sizes and shapes, comprising:
a plurality of internal side walls; and
a plurality of stackable shock-absorbent spacers for insertion between the side walls and said contents.
- 25 7. The carrying case of claim 6, wherein each of said stackable shock-absorbent spacers comprises an impact absorbing body and adhesive material on at least one side of said impact absorbing body.
8. The carrying case of claim 7, further comprising the stackable shock-
30 absorbent spacer of claim 1, comprising further adhesive material on an opposite side of said impact absorbing body.

9. The carrying case of claim 8, wherein the stackable shock-absorbent spacer of claim 2, wherein said adhesive material comprises one of either a hook or loop fastener and said further adhesive material comprises the other of said hook or loop fastener.

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10. The carrying case of claim 7, wherein the stackable shock-absorbent spacer of claim 1, wherein said impact absorbing body is a light-weight foam cushion.

10 11. The carrying case of claim 10, wherein the stackable shock-absorbent spacer of claim 4, wherein said cushion is of generally parallelepiped shape.